

QUARTZ WATCH (DATE MODEL ONLY)

Date Setting

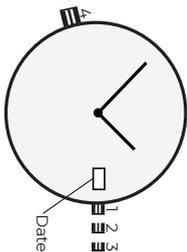
1. Unscrew and pull the crown out to position 2.
2. Turn the crown clockwise and set the date for the required date.

Time Setting

1. Pull crown out to position 3.
2. Turn the crown to set the correct time.
3. Push crown back to Position 1 and screw in fully.

Other Setting

4. Helium Escape Valve Crown - HEV (if Fitted)



QUARTZ WATCH (DAY DATE MODEL)

Date Setting

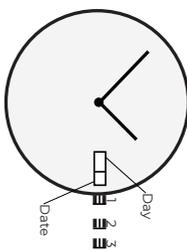
1. Unscrew and pull the crown out to position 2.
2. Turn the crown counter-clockwise and set the date for the required date.

Day Setting

With crown still in position 2, turn crown clockwise and set the day.

Time Setting

1. Pull crown out to position 3.
2. Turn the crown to set the correct time.
3. Push crown back to Position 1 and screw in fully.



QUARTZ CHRONOGRAPH

Date Setting

1. Pull the crown out to position 2.
2. Turn crown and set the date.
3. Push the crown in fully to position 1.

Time Setting

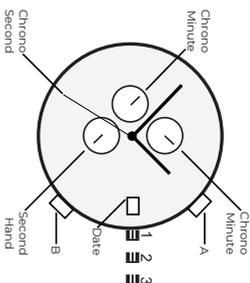
1. Pull crown out to setting 3.
2. Turn crown to set the correct time.
3. Push the crown in fully to position 1.

Chronograph Operation

Pusher A = Start/Stop
Pusher B = Reset

Chronograph Zero

1. Pull crown to second to second click position (Chrono second hand returns to zero position).
2. Push A to set Chrono second hand to 12:00 (zero) position.
3. Return crown to position 1.



2021/1911_09S1 100%AP
Please refer to: www.apexksdiving.com for manual updates

Apexks offers a range of dive watches to meet the needs of all divers. Details of the reliability, professional diver's watches can be found on our website



**KEY FEATURES OF THE APEKSS DIVE WATCH:
TIME AND DATE SETTING AND OTHER INFORMATION**

DIVE WATCH USER MANUAL



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your guarantee is valid only if you register your product within 30 days of purchase. Please visit our website www.apexksdiving.com for registration details. Click on the menu and complete the form. Please submit your registration details to info@apexksdiving.com for validation.

Warranty Registration

This warranty is limited to repair or replacement only at the discretion of Apexks.

The warranty is valid only to the original purchaser for products purchased directly from an authorised dealer, and is not transferable.

The warranty does not cover damage caused by misuse, neglect, modification, or unauthorised service.

This warranty is void if the product is damaged due to accidents, misuse, abuse, or unauthorised service. The warranty is valid only to the original purchaser for products purchased directly from an authorised dealer, and is not transferable.

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Warranty Information

Recommendations

What must I do to ensure that my APEKS watch provides me with excellent service for many years?

Magnetic Fields: avoid placing your watch on loudspeakers or refrigerators, since they generate powerful magnetic fields.

Swimming in the sea: always rinse your watch with warm water afterwards.

Shocks: whether thermal or other, avoid them.

Screw-in crown: screw in the crown carefully to prevent water penetrating the mechanism.

Cleaning: for metal bracelets and water resistant cases use a toothbrush with soapy water to clean and a soft cloth for drying.

Chemical products: avoid direct contact with solvents, detergents, perfumes, cosmetics etc., since they may damage the bracelet, case or gasket.

Temperature: avoid exposure to extreme temperatures (greater than 60°C, or 140°F, less than 0°C, or 32°F) or extreme temperature changes.

Water Resistance: a watch's water resistance cannot be permanently guaranteed. It may be affected by aging of gaskets or by an accidental shock to the crown. As stipulated in our service instructions, we recommend you have the water resistance of your watch checked frequently. Chronograph push-pieces: DO NOT operate chronograph pushers under water in order to prevent water entering the mechanism.

What are the service intervals?

A watch needs regular servicing to ensure that it functions perfectly. We cannot indicate the frequency of such work, since it depends entirely on the model, the climate and the owners individual care of the watch. As a general rule, a watch should be serviced every 4 to 5 years, depending on the conditions in which it is used.

Who should I contact for a maintenance service or battery replacement?

We recommend that you contact an approved watch repairer or service centre who will have the necessary tools and apparatus required to carry out the work and necessary checks in a professional manner. Furthermore, we recommend that you contact an approved watch repairer to replace the battery of your Apeks watch in order to avoid risk and damage to the gasket required to keep the water resistance and rating of your Apeks dive watch.

Important Watch Information

When the watch is under water or wet, never use the pushers/crown, or set the time. Watch cases and metal bracelets should be rinsed thoroughly in fresh water after being in salt water.

Rubber Straps & Stainless Steel Bracelets

APEKS recommends that you follow the following steps below in order to preserve the condition of your rubber straps for as long as possible.

Rinse watch after exposure to sea water

Avoid contact with chemicals

Clean ONLY with soapy water

Screw-in Crown

All Apeks watches are fitted with a screw-in crown which should be screwed before use. Failure to screw the crown down correctly will cause the watch to flood when submerged.

Gas Relief Valve / Helium Escape Valve - (If Fitted)

The Helium Escape Valve (HEV) must always be screwed down in the 'closed' position during everyday use and when the watch is being used in and around water.

The HEV is a feature when using the watch in Helium enriched dry atmospheres such as; SATURATION DIVING to allow migrated Helium to escape the watch case during decompression. The Helium molecule is much smaller than an air or water molecule therefore can migrate through materials under higher dry atmospheric pressures.

The outer screw crown of the HEV is a protective locking crown to close the HEV and ensure water tightness. The HEV should **ONLY** be opened when using the watch in a Helium gas enriched dry atmospheric condition such as a; decompression chamber or living chamber, especially when decompressing.

Environmental Protection

Used batteries, watch components and electronic watches should not be thrown away. They should be recycled correctly in accordance to your local regulations. We recommend you return them to your nearest APEKS dealer.



Compliance

All watches in the Apeks range meet requirements for:

- 1907/2006 Registration, Evaluation, Authorisation and Restriction of Chemicals
- 2011/65/EU Restrictions of Substances Hazardous to Health
- 2014/108/EC Electromagnetic Compatibility Regulations
- 2012/19/EU Waste Electrical and Electronic Equipment Recycling



Please refer to: <https://www.apeksgiving.com/apeks-downloads.html> for declaration of conformity.

Distributor Information:

UK Importer: Apeks Marine Equipment Ltd.
Neptune Way, Blackburn, Lancashire, BB1 2BT, England, United Kingdom

European Importer: Aqualung Logistics - Aqualung Trading
LID - 1ère Avenue - 14ème Rue - CS 60148 CS 60148
06513 CARROS Cédex

SPECIFICATIONS

1. Battery Type	SR927W or equivalent
2. Battery Life	Approx. 2 years
3. Accuracy	+/- 20 seconds per month
4. Screw Down Crown	All Models
5. Screw Down Gas Relief Valve	Apeks 1000m Watch
5. Water Resistant	Variable depth rating dependent upon model – 100, 200, 500 or 1,000 metres.
6. Uni-directional Rotating Bezel	All Models
7. Seiko Epson Quartz Movement	
8. Citizen Miyano Quartz Movement	